

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunrise		Wakeup call 6.15am	Sungazing with Shé D'Montford				Leave Island
7am		Leave hotel	Yoga & 5 Tibetans with Shé D'Montford				
8am		8.30am flight to Island	Breakfast				
9am			Private Sessions with Shé D'Montford				
10am		Transport to island					
11am			Cruising & Dolphin Time				Clearing Customs
noon		Introductory talk & orientation processes on cruising & swimming with the dolphins					
1pm							
2pm							
3pm							
4pm							
5pm							5.30 pm Information session Meet at Bahia Mar Hotel Fort Lauderdale
6pm							
7pm	Dinner		Showers (plenty of hot water) & Dinner, (Lovely organic Buffet) Some private sessions with Shé				
8pm	Rest						
9pm		Animal Communication	Meet Your Totem Meditation	An evening out on Bimini with the group	Living The Heart Centred Life	Psychic Development	
10pm		Free time					
		Rest					